# Official Magazine of the Uni Federation | Winter 2020

TIS THE SEASON Our Joy-Filled Gift Guide

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10 STEPS for Winterizing Your Barn





#### Top Notes

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## FIVE FROM THE BOOKSHELF

Our holiday book selections this year have broad appeal. They range from the classic to the brand new, with enough practical information and enlightening stories between them to keep a barn full of equestrians reading well past bedtime, through the holidays and beyond. If you're looking for training tips, they're here. Seeking entertainment? We've got that, too, along with equestrian role models whose stories will both delight and inspire.



Edited by Nancy Jaffer // USET Foundation & Trafalgar Square Books

The Tokyo Olympic and Paralympic Games are set to take place in 2021. Are you ready to root for Team USA? Riding for the Team will get your red-blooded American spirit pumping with a behind-the-scenes look at some of the personalities, horses, and glorious moments from Olympic, Paralympic, and FEI World Equestrian Games.



by Melissa A. Priblo Chapman // Trafalgar Square Books

At age 23, the author—accompanied by a puppy named Gypsy—embarked on a 2,600-mile solo horseback journey from New York to California, with no support team. It was an epic ride that tested her physically, mentally, and emotionally but she also made unexpected connections with the landscape and people she encountered, as well as to her horse and her dog. The result: a story that combines horses, dogs, the great American outdoors, and a new take on the classic road trip.



by Anne Kursinski // Trafalgar Square Books

In this new edition of an acclaimed standard, Olympian Anne Kursinski offers 20 exercises to improve position, feel, and more. The updates include newly reshot full-color images. The content focuses on both jumping and the flat to help you master different jumps on course, including combinations and natural obstacles.

#### Fearless Mary: Mary Fields, American Stagecoach Driver

Tami Charles and Claire Alman // Albert Whitman & Company

This children's picture book set in 1895 in Cascade, Mont., will also interest adults. It brings to life the vibrant but little-known story of Mary Fields, a courageous former slave who is thought to be the first African American woman stagecoach driver. Fields, traveling with her pet eagle, drove a mail coach until 1903, when she retired at age 71. Her story is inspirational for all ages—in 1895, while in her 60s, Fields won a driving job when she outcompeted cowboys as the fastest to hitch up a six-horse team—and it adds an important, often overlooked perspective to the history of the American West.

# Dressage Between the Jumps: The Secret to Improving Your Horse's Performance Over Fences

by Jane Savoie // Trafalgar Square Books

The legendary—and legendarily thought-provoking—trainer Jane Savoie breaks down six common problems that can hinder horse and rider from achieving their best performance over fences: rhythm, suppleness, contact, collection, and the flying change. Using targeted exercises and top riders' insights, Savoie's book demonstrates how dressage can solve common problems and result in a better jumping round.

